

PREGNANCY NOTIFICATION TO
COMMANDING OFFICER/OFFICER IN CHARGE

Date: _____

From: _____
MTF/Physician

To: _____
Commanding Officer/Officer-in-Charge

Subj: PREGNANCY NOTIFICATION ICO _____
Member's Name

Ref: (a) OPNAVINST 6000.1C

1. This is to notify you that a member of your command, _____, is pregnant. Using current dating information, her estimated delivery date of confinement is _____. This would make her 20th week about _____ and her 28th week about _____.

2. Pregnancy is a condition that includes a range of physiological changes that could potentially lead to clinical findings that would result in your command having to modify the servicewoman's job function/working hours. In addition, certain unforeseen conditions related to the pregnancy may arise that could warrant specific medical interaction and further physical limitation of the servicewoman's activities.

3. Please refer to the reference (a), which provides current administrative guidance concerning pregnant servicewomen. This guidance is intended to promote uniformity in the medical administrative management of pregnancies for women in the Navy and Marine Corps.

MTF/Physician Signature/Rank